**Backpacking Gear List**

**Head:**

 \_\_\_Wool/Pile Hat (must cover ears)

 \_\_\_Brimmed hat (for sun protection)

 **Upper Body:**

 \_\_\_Midweight Synthetic Long Undershirt

\_\_\_Expedition Weight Synthetic Long Undershirt

\_\_\_ Heavy Weight Pile Jacket /Wool Sweater

\_\_\_ Winter Parka - synthetic or down filled (Optional depending on weather

 **Hands**

 \_\_\_Synthetic/Wool Glove liners

 \_\_\_Synthetic/Wool Mitten

 **Lower Body**

 \_\_\_ Underwear as needed.

 \_\_\_ Midweight Synthetic long underwear bottoms

\_\_\_ Expedition Weight Synthetic long underwear bottoms

\_\_\_Midweight Pile/Wool Pants

 **Feet:**

 \_\_\_ 1 pair of midweight hiking boots.

 \_\_\_ 1 pair of running shoes, sneakers, or sandals: For around campsite wear and/or water activities.

 \_\_\_ 2-3 pairs of light synthetic/polypropylene liner socks:

\_\_\_2-3 pairs of medium weight wool hiking socks:

\_\_\_Gaiters (Optional)

 **Rain Gear**: coated nylon or waterproof/breathable fabric

 \_\_\_Waterproof Rain Jacket

\_\_\_Waterproof Rain Pants

 **Miscellaneous:**

 \_\_\_ 2 1-quart water bottles or canteens

 \_\_\_1 unbreakable cup with handle

 \_\_\_1 unbreakable bowl

 \_\_\_ 1 spoon

 \_\_\_2 bandannas: multipurpose

 \_\_\_1 headlamp with fresh, alkaline batteries

\_\_\_1 small towel

 \_\_\_ 1 toilet kit: Just the essentials, biodegradable soap, toothbrush and toothpaste, comb, sunscreen, lip balm.

 \_\_\_1 pocket knife

 \_\_\_3 heavy plastic garbage bags

\_\_\_1 pair of sunglasses or clip-ons

 \_\_\_2 pairs glasses or contact lenses (if needed):

\_\_\_medications during the trip (allergy medications etc.).

 \_\_\_ 1 small notebook and pencil (Optional)

 \_\_\_ 1 camera and film (Optional)

 **Travel Gear**

 \_\_\_External Frame/Internal Frame Pack with Padded Hipbelt

 \_\_\_Pack Rain Cover (Optional, can use a garbage bag)

 \_\_\_ Sleeping Bag - synthetic fill, rated to 0 degrees F

 \_\_\_1 closed cell foam sleeping pad (3/8 in.) or inflatable mattress.

**Patrol Gear**

\_\_\_ tent

\_\_\_ Stove

\_\_\_ Fuel

\_\_\_ Cookware/Utensils

\_\_\_ Trowel