**Backpacking Gear List**

**Head:**

\_\_\_Wool/Pile Hat (must cover ears)

\_\_\_Brimmed hat (for sun protection)

**Upper Body:**

\_\_\_Midweight Synthetic Long Undershirt

\_\_\_Expedition Weight Synthetic Long Undershirt

\_\_\_ Heavy Weight Pile Jacket /Wool Sweater

\_\_\_ Winter Parka - synthetic or down filled (Optional depending on weather

**Hands**

\_\_\_Synthetic/Wool Glove liners

\_\_\_Synthetic/Wool Mitten

**Lower Body**

\_\_\_ Underwear as needed.

\_\_\_ Midweight Synthetic long underwear bottoms

\_\_\_ Expedition Weight Synthetic long underwear bottoms

\_\_\_Midweight Pile/Wool Pants

**Feet:**

\_\_\_ 1 pair of midweight hiking boots.

\_\_\_ 1 pair of running shoes, sneakers, or sandals: For around campsite wear and/or water activities.

\_\_\_ 2-3 pairs of light synthetic/polypropylene liner socks:

\_\_\_2-3 pairs of medium weight wool hiking socks:

\_\_\_Gaiters (Optional)

**Rain Gear**: coated nylon or waterproof/breathable fabric

\_\_\_Waterproof Rain Jacket

\_\_\_Waterproof Rain Pants

**Miscellaneous:**

\_\_\_ 2 1-quart water bottles or canteens

\_\_\_1 unbreakable cup with handle

\_\_\_1 unbreakable bowl

\_\_\_ 1 spoon

\_\_\_2 bandannas: multipurpose

\_\_\_1 headlamp with fresh, alkaline batteries

\_\_\_1 small towel

\_\_\_ 1 toilet kit: Just the essentials, biodegradable soap, toothbrush and toothpaste, comb, sunscreen, lip balm.

\_\_\_1 pocket knife

\_\_\_3 heavy plastic garbage bags

\_\_\_1 pair of sunglasses or clip-ons

\_\_\_2 pairs glasses or contact lenses (if needed):

\_\_\_medications during the trip (allergy medications etc.).

\_\_\_ 1 small notebook and pencil (Optional)

\_\_\_ 1 camera and film (Optional)

**Travel Gear**

\_\_\_External Frame/Internal Frame Pack with Padded Hipbelt

\_\_\_Pack Rain Cover (Optional, can use a garbage bag)

\_\_\_ Sleeping Bag - synthetic fill, rated to 0 degrees F

\_\_\_1 closed cell foam sleeping pad (3/8 in.) or inflatable mattress.

**Patrol Gear**

\_\_\_ tent

\_\_\_ Stove

\_\_\_ Fuel

\_\_\_ Cookware/Utensils

\_\_\_ Trowel